

## Emergency Phone Number 206-841-9665

This number will be staffed and answered throughout the event. Please help us keep this line available for valid emergency calls by keeping calls short and to the point. If police or ambulance support is required, call 911 immediately.

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Ride SMART Tips
Stay alert-watch for obstacles, other cars, and other riders.
Move off the road when stopping -pull completely off the road to let cars and riders pass; do not block driveways or intersections.
Act like a car -obey all traffic laws and stop at stop signs
Retain space between yourself and others - leave enough room to dodge obstacles.
Tell others when passing and pass on left.
Suggested Things to Bring

- Helmet (it's required and could save your life!)
- Cycling mirror
- Layered cycling clothing
- Patch kit, spare tube, pump \& tools
- Sunscreen
- Cell phone (best way to find friends on route)
- Cash and credit card for emergencies \& goodies

Things to remember

- Drink before you are thirsty
- Eat small amounts frequently before you are hungry
- The food stops will have high energy 'Ride Food" that is designed to keep you going but is not suppose to be a meal.

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RSVP - Ride from Seattle to Vancouver and Party

## RSVP was born of calamity!

The Ride From Seattle To Vancouver, BC \& Party (RSVP) was born of calamity! In 1980, the eruption of Mount St. Helens interrupted Cascade's marquee event, the Seattle to Portland Bicycle Classic. With uncertain road conditions in southwest Washington, an alternative double century was needed.

Thus, Seattle to Vancouver was born. While the current route bears little resemblance to the original bike tour, much credit goes to Jon Jacobson and Dennis Noson for the concept and route scouting in 1980 and 1981. Approximately 40 people participated in the inaugural three-day ride, from Seattle to Bellingham to Vancouver then to the Tswassen ferry to Sidney and down Vancouver Island to Victoria and home on the Princess Marguarite.

Seattle to Vancouver lapsed in 1982, until it was re-engineered by Dan Lund and Sue Hensley into STV (Seattle To Vancouver), which they coordinated from 1983 to 1985 . This route included an extended (third day, 40 mile) ride to Sydney via the Tswassen ferry and down Vancouver Island to Victoria, B.C. Riders returned home on the Princess Marguarite ferry

Because of logistical challenges presented by The World's Fair (EXPO) in Vancouver, the ride was canceled in 1986. With a major route overhaul by Bruce Tiebout in 1987, the event became Ride From Seattle To Vancouver, BC \& Party (RSVP). Bruce also directed the ride in 1988 and 1989.

In 1990, BC Government cancelled the third day and popular return boat ride from Victoria. Gary Dodson and Rita Jensen took over on short notice and found a new finish line at the University of British Columbia. The frequently changing route shifted again in 1991, with Barbara Gillespie and Kathy Saunders as talented co-coordinators. In 1992, David Swendt assumed leadership of the ride and directed it successfully for the next seven years.

In 1999, Larry Sepulveda took on the challenge of directing RSVP. In 2006, RSVP achieved its highest recorded attendance: 1,306 riders.

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[^0]RSVP uses special "Dan Henry" directional arrows: an APPLE (U.S.) and a MAPLE LEAF (Canada). Look for these on the road. Also, use your map. Read it before "DAY OF RIDE."


Please ride safely, courteously, follow ALL the rules of the road, ride single file as much as possilbe especialy on the bike trails, and enjoy the ride.

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RSVP, Cascade Bicycle Club, P.O. Box 15165, Seattle, WA 98115 or email to events@cascadebicycleclub.org
Emergency Phone Number (206)841-9665


| ®MAP \#1 SEATTLE TO SNOHOMISH Etart open 6:00-7:00 am only. |  |  |
| :---: | :---: | :---: |
| 喏 | 0.0 | New Start line - University Of Washington, North end of E1 parking lot, Seattle, WA |
| ? | 0.1 | Exit parking lot via W. Clark Rd. |
| $\stackrel{\circ}{\circ}$ | 0.4 | LEFT Mary Gates Mem. Dr. (ss) |
| 2 | 0.45 | Veer Right onto NE 45th PL. Up Hill for 1 mile! |
| E | 0.60 | Stay Left Becomes 35th Ave NE - stay on for 5 miles. |
|  | 5.00 | Veer Right staying on 35th Ave NE. |
|  | 5.50 | LEFT (ss) NE 145th St. |
|  | 5.55 | RIGHT (sl) Bothell Way NE (SR-522) Very Busy! Single File for 1.6 miles. |
|  | 7.20 | RIGHT (sl) Ballinger Way NE |
|  | 7.25 | Immediate LEFT on Beach Dr NE |
|  | 7.75 | LEFT - Onto Burke - Gilman Trail |
|  | 8.00 | Log Boom Park on right (rest rooms) |
| BOTHELL |  |  |
|  | 11.5 | Goes through 2nd underpass on Burke Gillman Trail. |
|  | 11.6 | x Sammamish River [Continue straight] (old R/R bridge). |
|  | 11.9 | cs on trail. (W. Riverside Drive \& entrance to Blyth Park on right). |
|  | 12.4 | Exit Trail, bc E. Riverside Drive (ss). |
|  |  | [Through traffic on left - x 102nd Ave NE]. |
| WOODINVILLE |  |  |
|  | 14.3 | LEFT onto SR-202 [N.E. 175th st] R/R Tracks/Heavy Traffic, Caution |
|  | 14.5 | x 131st N.E. (sl). cs on N.E. 175th St |
|  | 15.2 | x 140th Ave N.E. (sl). [bc NE Woodinvile] |
|  |  | RIGHT N.E. Woodinville-Duvall Rd (sl). Heavy Traffic! |

Start open 6:00-7:00 am only.
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medate
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BOTHELL
11.5 Goes through 2nd underpass on Burke Gillman Trail.
11.6 x Sammamish River [Continue straight] (old R/R bridge).

Blyth Park on right).
12.4 Exit Trail, bc E. Riverside Drive (ss).
www.cascade.org
16.1 RIGHT N.E. Woodinville-Duvall Rd (sl). Heavy Traffic!
16.7 LEFT 156th Ave N.E. (sI), Use Caution turning.
20.3 LEFT Paradise Lake Road (ss)
$20.4 \times$ Hwy 522, use caution, heavy traffic (sl)
20.5 RIGHT Maltby Rd.
20.6 BR onto Yew Way (ss)
20.9 x R/R, BL bc Broadway Ave
21.2 Maltby Park on left, restrooms
22.7 x 180th St S.E. (4-way ss)

## CLEARVIEW

23.8 3-Way Stop (ss) (Cathcart Store) BL Broadway Ave [Boundary Ave \& Elliott Rd].
25.7 BR Springhetti Rd. [easy to miss]
26.1 curves LEFT.
27.4 curves LEFT, bc 111th St. S.E.
27.7 cs Snohomish Airport Rd. (ss) (Hwy. 9 left).
28.2 CURVES LEFT, bc 99th Ave. S.E. (Airport Way)

SNOHOMISH (Snohomish Bakery, Snohomish Pie Co.)
28.7 [2 R/R] then cross over Snohomish River
29.0 RIGHT 1st St. (4-way stop) [after bridge].
29.1 (Restrooms in park on right)
29.3 LEFT Maple Ave. (before R/R).
29.5 x Second St. (sl).
30.1 x Pine St. (ss)
30.1 RIGHT onto the Centennial Trail. Ride Single File on the trail. Voice when passing on left. 15 MPH speed limit. RESPECT other users!!
31.9 x under U.S. 2
33.2 END OF MAP \#1

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MMAP #2 LAKE STEVENS TO LAKE McMURRAY
#
#
\widetilde{2}}35.8 x Machias Cut-off Rd. (ss
C 36.5 Machias Station Food Stop - On Right
O}\mathrm{ (Sani-cans, water & food. Open 7:30 am-11am)
ELAKE STEVENS
    38.0 x 20th ST N.E. (Lake Stevens on your left)
    38.7 continue on trail under Hwy SR-92 Ride Single
        File on the trail!
    39.8 x 127th Dr NE (stay on trail for 4 miles)
    42.6 RIGHT on 84th St. NE (sl) [busy, Getchell RD].
    42.7 LEFT on 99th Ave. N.E. (sl)
    42.8 RIGHT 132nd St. N.E. (ss)
    43.3 BL McElroy Rd. (132nd dead end).
    47.5 highest point 1st day.
    48.7 cs on McElroy Rd.
    49.9 cs, bc Burn Rd.
ARLINGTON
    50.6 x 207th St N.E. (4 way stop)
    51.6 cs x Highline DR. (ss), bc S. Stillaguamish Ave.
< 51.6 cs x Highline DR. (ss),
52.3 LT 3rd St E (ss).
#
#. 52.7 x N. McLeod Ave (4-way ss)
%
O-
Local restaurants on Olympic Ave: Arlington's Thai Cuisine,
Bluebird Cafe, Inc., Brooster's, Petite Sweet Bakery, Playa Bo-
nita, Rocket Alley Bar & Grill, The Local Scoop Cafe, The Steak
House. On Division St.: Fountain Drive In, Mirkwood/Shire
Cafe. On West Ave: Pizza Factory, Stilly Coffee, La Hacienda.
    52.81 Restrooms at City Hall (3rd & Olympic Ave.)
        Sani-cans at Legion Park (4th & Olympic Ave.)
    53.1 LT W. Division St. (4-way ss)
    53.2 RIGHT Hwy. 9 (Hazel St.)
    Use Caution on Hwy. 9, Heavy Traffic, No Shoulder.
    58.0 pass Bryant Store.
    58.4 RIGHT on Finn Settlement /Lake Cavanaugh Rd.
    63.7 LT Lake Cavanaugh RD.
    Water only stop at this intersection - port-o-potties
    67.3 RT Highway 9
    END OF MAP 2.
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RSVP Map 2 - Snohomish to Lake McMurray, WA





## (From DAYS INN)

0.1 Head North on Samish Way
0.5 BL E. Maple St.
0.6 BR Ellis St.
0.9 BL on Holly Street
2.7 RIGHT on Broadway (sl)
2.9 Left on Elm St. (sl)
3.3 Curves Left, bc Northwest Ave. (follow under I-5 and BR still on Northwest Ave.)
4.3 To get to the Best Western Hotel and Baggage Drop turn RIGHT on McLeod Rd. then LEFT on Meridian St. to go under l-5. then RIGHT on Telegraph Rd. then Right on E. McLeod Rd. Total distance is 1 mile. Return to route the same direction.
$5.2 \times$ W. Bakerview (sl)
$8.6 \times$ W. Smith Rd.
$9.6 \times$ W. Axton Rd. (ss)
11.1 stay on Northwest Rd. Becomes Wiser Lake Rd.
$12.4 \times$ Pole Rd.
13.2 Right - stay on Wiser Lake Rd.
14.0 LEFT - stay on Wiser Lake Rd. turns left, right left.
15.9 x Guide Meridian RD - Very Busy - Turn Circle

- stay straight on E. Wiser Lake Rd.
18.0 LEFT on Hannegan Rd. (ss)

Map 4 notes continued next page.

## LYNDEN

Dutch Mother's (breakfast buffet and sidewalk cafe)
20.5 LEFT Front St. (sI) (Left turn lane).
20.7 Lynden's Dutch Mother's
21.3 RIGHT BC Ave.
$21.4 \times$ Grover Street (ss)
$21.5 \times$ Liberty Street
21.55 x Edson Street
21.6 LEFT Glenning (ss)
21.8 LEFT Main St. (ss),
22.2 RIGHT Double Ditch Rd.
23.6 x Hwy. 546 (ss) [50 mph].
26.2 LT E. Boundary Rd. [DO NOT CROSS DITCH TO CANADA].
26.3 pass border marker.
26.8 curves LEFT, curves RIGHT
26.85 RT Guide Meridian (ss).

## CANADA

## Border Crossing

26.9 Border (open 8:00 am - 12:00 midnight).

Get in line with cars unless instructed otherwise by Canadian Customs agent. Please follow their instructions. No orchard fruit (apples, pears, etc.). Bananas
OK to take across border. Have Passport or Enhanced Driver's License ready.


RSVP Map 4 - Samish Bay to Canadian Border


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| \%MAP \#5 BORDER TO PITT MEADOWS |  |
| :---: | :---: |
| \% | 26.95 LEFT 0 (Zero) Ave. W. Continue around duty-free shop. |
|  | 27.1 curves RIGHT. |
| $\stackrel{\square}{\circ}$ | 29.4 RIGHT 248th St. |
|  | 34.0 x Fraser Hwy. (Hwy. 1A) (sl). |
| $\stackrel{\square}{E}$ | 37.5 x over Trans-Canada Hwy. 1. |
|  | 38.2 [R/R] (ss). |
|  | 38.5 LEFT 72nd Ave. |
|  | 39.6 RIGHT 240th St. |
|  | 40.6 x 80th Ave. |
|  | 41.2 RT Rawlison Cr. (ss). |
|  | 41.3 curves LEFT then RIGHT, bc 240th St. then 88th Ave. |
|  | 42.0 LT River Rd. (ss). |
| [WORST R/R TRACKS ON RSVP]. WALK BIKES ACROSS TRACKS. |  |
| FORT LANGLEY |  |
| 43.0 LEFT Mavis Ave. (ss) - Fort Langley Historic site on your left. |  |
|  | 43.1 RIGHT Royal St. |
| 8 | 43.2 LEFT Mary Ave. (Bike Route) |
|  | 43.3 RIGHT bc Hudson Bay St. |
| 0 | 43.4 Road goes RIGHT then LEFT |
|  | 43.6 RIGHT 88 Ave. (Sellers Rd.) |
| \#2 FOOD STOP OPEN from 9:00 am - 2:00 pm. at Lions Hall <br> 厄in Lower Parking Lot |  |
|  |  |

43.8 LEFT down gravel Driveway (just before stop light) to exit. Left on 88 Ave.
$44.0 \times$ Glover Rd (ss).
44.4 Right on Wright St.
45.4 Left on 96th Ave.
45.5 R/R Double Tracks at 40 degree angle - Caution: Walk Bikes Across Tracks
45.9 Stay Right bc McKinnon Crescent.
46.3 RIGHT on Allard Crescent
46.7 LEFT still on Allard Crescen
50.3 LEFT 208th St.
50.8 RIGHT 102B Ave.
51.6 LEFT on 201ST
52.0 RIGHT up Spiral Ramp to Golden Ears Bridge

Golden Ears Bridge - 1.2 mile crossing

## Pitt Meadows

53.2 Take 113B Ave./Airport Way - first exit.
53.6 LEFT around Round About onto Airport Way.
53.9 X Bonson around Round About still on Airport Way.
54.5 RIGHT on Harris Rd.
56.1 x Lougheed Hwy 7 (sl) Caution - busy.
57.0 LEFT Dewdney Trunk Rd.
58.4 STAY RIGHT on Dewdney Trunk Rd. to access bike path to cross the Pitt River Bridge.
58.6 Follow bike path on left up and over Pitt River Bridge.


| QMAP \#6 PITT MEADOWS TO VANCOUVER |  | RIGHT to City Center (Moody St.), curves around |
| :---: | :---: | :---: |
| 00.3 RIGHT Coast Meridian Rd. (sl). |  |  |
| 6. 61.6 LEFT Lincoln Ave. (sl) | 67.2 | RIGHT Clark St. (sl) [Just AFTER bridge]. |
| ¢ 62.4 LT Shaughnessy St. (ss). | 68.0 | RIGHT Barnet Hwy. (Hwy. 7A) (sl). |
| 62.5 RIGHT at pedestrian crossing.(1 block from Shaughnessy St) -- EASY TO MISS | BURNABY |  |
| 62.6 WALK BIKES x cement/steel FOOTBRIDGE. | 72.873.7 | bc Inlet Dr. |
| 62.7 BR Patricia Ave. |  | LEFT Hastings St. (Gas station \& Convenience store) (sl). Route signs with the Frances/Union |
| 63.1 RIGHT Woodland Dr. (ss). |  |  |
| $63.2 \times 2$ Sections of Jersey Barricades [continue |  | bike route. [DO NOT turn at Sperling]. |
| straight and then exit on sidewalk cutout to pipeline road, traffic on left]. | 74.0 | RIGHT Duthie Ave. (Frances/Union Bike route starts). |
| 63.3 Cap's Bicycle Shop. | 74.1 | RIGHT Union St. |
| COQUITLAM | 74.6 | x Sperling Ave (to stop traffic hit rd. side button) |
| 63.5 LEFT Glen Dr. (sl) [busy cross street]. |  | (sl). |
| 63.7 x Pinetree Way. [sl] | 75.0 | x Kensington Ave. (ss). (to stop x traffic hit rd. |
| 64.7 RIGHT Landsdowne Dr. (sl). |  | side button).Burnaby No. Secondary school on |
| 64.8 LEFT Guildford Way (divided) (sl). |  | left |
| 65.4 Move to left lane, cs (Ungless Way goes right). |  | bc Hammerskjold |
| 65.8 x loco Rd., bc Guildford Dr. |  | Trail begins as Hammerskjold ends. |
| $\ddagger$ PORT MOODY | Directio | s for Map 6 continued... |
| < 66.0 [R/R]. |  |  |
| 66.3 curves LEFT, bc Murray St. |  | SINGLE FILE IS SAFER |
|  |  |  |
| water, bike support provided by Cap's South Shore Cycles.) |  | Page 16 |



$81.8 \times$ Commercial Division (Bicycles only straight ahead) (ss) (sl).
82.1 x Clark Dr. (Trip stop light button on roadside stand) (s).
82.2 LT Vernon Drive (ss).
82.21 RIGHT Union St. (immediately).
82.3 [ $R / R$ ]
82.6 x Hawks Ave. (bicycles only through park) (ss).
83.0 RIGHT Gore St. (Chinatown - note Chinese on st. signs)
83.2 LEFT Alexander St.(ss)
83.3 x Main Street
83.4 x Columbia Street
83.5 RIGHT Water Street (ss) - now in Gastown
83.6 x Abbott
83.7 x Cambie
84.0 RIGHT West Cordova
84.2 x Seymour (sl)
$84.5 \times$ Granville
84.7 x Howe
$84.9 \times$ Burrard (follows signs and stay on Cordova)
$85.0 \times$ Thurlow (sl)
85.2 x Butte (ss)
85.3 LEFT on Jervis


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85.4 RIGHT on West Hastings (sl)
$85.5 \times$ Broughton (ss)
85.6 x Nicola (bikes only for one block)
85.7 LEFT Cardero St. [Westin Hotel in front of you]
$85.8 \times$ W. Georgia ST. (sI)
85.9 x Alberni St. (sl)
$86.0 \times$ Robson St
86.1 x Haro St (At this point you will have to cross over the bike path, cars have to turn)
86.2 x Barclay St
86.3 x Nelson St.
86.4 RIGHT Comox St
86.5 x Bidwell St
86.51 Finish Coast Plaza Hotel and Suites at Stanley Park (1763 Comox St., Vancouver, B.C.)
1-800-663-1144

WELCOME TO VANCOUVER, BC
CONGRATULATIONS, YOU MADE IT
Give yourself a pat on the back and NOW PARTY!
RSVP Finish Line Party is from 1-6 pm.
Bike Corral is located in the hotel parking garage and is for all RSVP participants.

RSVP 1-open Sat. 12-7 pm \& Sun. 7:30-9:30 am
RSVP 2-open Sun. 12-7 pm \& Mon. 7:30-9:30 am
All bikes MUST be out of the Bike Corral by 9:30 am on Sun. and Mon. morning.

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Cascade Bicycle Club


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[^0]:    THE MAPS
    Since RSVP is generally a south-to-north course, most (but Onot all) of the maps show north to the right. The overview map . shows the alignment of each detail map which follows. Note $\frac{\varrho}{\circ}$ also, the maps are drawn on several different scales. There are Ocertain conventions used in the route description:

    RIGHT = turn right
    LEFT = turn left
    RT = turn right at T intersection
    LT = turn left at $T$ intersection
    RY = turn right at Y intersection
    LY $=$ turn left at $Y$ intersection
    BR - bear right
    BL = bear left
    x = cross
    cs = continue straight
    bc = becomes
    , = "then"
    R/R = railroad tracks
    ( ) = additional information
    [ ] = caution
    (ss) = stop sign
    (4ss) $=4$-way stop intersection
    ( sl ) $=$ signal light

