

ROUTE MAP 2011 Day of Ride Emergency Number (206) 841-9665

Cascade Bicycle Club

Emergency Phone Number 206-841-9665

This number will be staffed and answered throughout the event. Please help us keep this line available for valid emergency calls by keeping calls short and to the point. If police or ambulance support is required, call 911 immediately.



Ride **SMART** Tips

Stay alert–watch for obstacles, other cars, and other riders.

Move off the road when stopping –pull completely off the road to let cars and riders pass; do not block driveways or intersections.

Act like a car –obey all traffic laws and stop at stop signs

Retain space between yourself and others – leave
enough room to dodge obstacles.

Tell others when passing and pass on left.

Suggested Things to Bring

- Helmet (it's required and could save your life!)
- · Cycling mirror
- · Layered cycling clothing
- · Patch kit, spare tube, pump & tools
- Sunscreen
- Cell phone (best way to find friends on route)
- · Cash and credit card for emergencies & goodies

Things to remember

- · Drink before you are thirsty
- · Eat small amounts frequently before you are hungry
- The food stops will have high energy 'Ride Food" that is designed to keep you going but is not suppose to be a meal.

RSVP - Ride from Seattle to Vancouver and Party *RSVP* was born of calamity!

The Ride From Seattle To Vancouver, BC & Party (RSVP) was born of calamity! In 1980, the eruption of Mount St. Helens interrupted Cascade's marquee event, the Seattle to Portland Bicycle Classic. With uncertain road conditions in southwest Washington, an alternative double century was needed.

Thus, Seattle to Vancouver was born. While the current route bears little resemblance to the original bike tour, much credit goes to Jon Jacobson and Dennis Noson for the concept and route scouting in 1980 and 1981. Approximately 40 people participated in the inaugural three-day ride, from Seattle to Bellingham to Vancouver then to the Tswassen ferry to Sidney and down Vancouver Island to Victoria and home on the Princess Marguarite.

Seattle to Vancouver lapsed in 1982, until it was re-engineered by Dan Lund and Sue Hensley into STV (Seattle To Vancouver), which they coordinated from 1983 to 1985. This route included an extended (third day, 40 mile) ride to Sydney via the Tswassen ferry and down Vancouver Island to Victoria, B.C. Riders returned home on the Princess Marguarite ferry

Because of logistical challenges presented by The World's Fair (EXPO) in Vancouver, the ride was canceled in 1986. With a major route overhaul by Bruce Tiebout in 1987, the event became Ride From Seattle To Vancouver, BC & Party (RSVP). Bruce also directed the ride in 1988 and 1989.

In 1990, BC Government cancelled the third day and popular return boat ride from Victoria. Gary Dodson and Rita Jensen took over on short notice and found a new finish line at the University of British Columbia. The frequently changing route shifted again in 1991, with Barbara Gillespie and Kathy Saunders as talented co-coordinators. In 1992, David Swendt assumed leadership of the ride and directed it successfully for the next seven years.

In 1999, Larry Sepulveda took on the challenge of directing RSVP. In 2006, RSVP achieved its highest recorded attendance: 1,306 riders.





က Cascade Bicycle Club

Since RSVP is generally a south-to-north course, most (but bright all) of the maps show north to the right. The overview map shows the alignment of each detail map which follows. Note calso, the maps are drawn on several different scales. There are Ccertain conventions used in the route description:

RIGHT = turn right

LEFT = turn left

RT = turn right at T intersection

LT = turn left at T intersection

RY = turn right at Y intersection

LY = turn left at Y intersection

BR - bear right

BL = bear left

x = cross

cs = continue straight

bc = becomes

, = "then"

R/R = railroad tracks

() = additional information

[] = caution

(ss) = stop sign

(4ss) = 4-way stop intersection

(sl) = signal light

RSVP uses special "Dan Henry" directional arrows: an APPLE (U.S.) and a MAPLE LEAF (Canada). Look for these on the road. Also, use your map. Read it before "DAY OF RIDE."



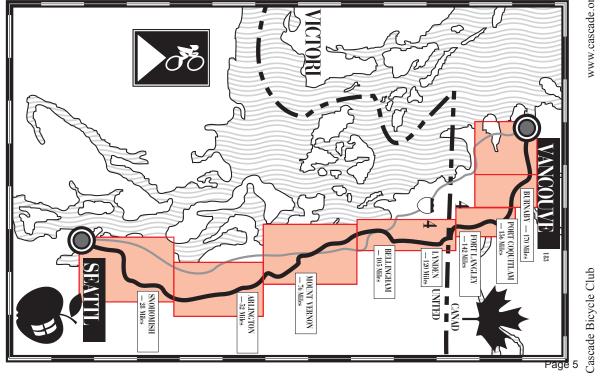


Please ride safely, courteously, follow ALL the rules of the road, ride single file as much as possilbe especialy on the bike trails, and enjoy the ride.



RSVP, Cascade Bicycle Club, P.O. Box 15165, Seattle, WA 98115 or email to events@cascadebicycleclub.org

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Cascade Bicycle Club	0.0 0.1 0.4 0.45 0.60 5.50 5.55 7.20 7.25 7.75	Pen 6:00 - 7:00 am only. New Start line - University Of Washington, North end of E1 parking lot, Seattle, WA Exit parking lot via W. Clark Rd. LEFT Mary Gates Mem. Dr. (ss) Veer Right onto NE 45th PL. Up Hill for 1 mile! Stay Left Becomes 35th Ave NE - stay on for 5 miles. Veer Right staying on 35th Ave NE. LEFT (ss) NE 145th St. LEFT (ss) NE 145th St. RIGHT (sl) Bothell Way NE (SR-522) Very Busy! Single File for 1.6 miles. RIGHT (sl) Ballinger Way NE Immediate LEFT on Beach Dr NE LEFT - Onto Burke - Gilman Trail Log Boom Park on right (rest rooms)	20.3 20.4 20.5 20.6 20.9 21.2	RIGHT Maltby Rd. BR onto Yew Way (ss) x R/R, BL bc Broadway Ave Maltby Park on left, restrooms x 180th St S.E. (4-way ss) RVIEW 3-Way Stop (ss) (Cathcart Store) BL Broadway Ave [Boundary Ave & Elliott Rd]. BR Springhetti Rd. [easy to miss] curves LEFT.		
В	BOTHELL		28.2 CURVES LEFT, bc 99th Ave. S.E. (Airport Way) SNOHOMISH (Snohomish Bakery, Snohomish Pie Co.)			
www.	12.4	Goes through 2nd underpass on Burke Gillman Trail. x Sammamish River [Continue straight] (old R/R bridge). cs on trail. (W. Riverside Drive & entrance to Blyth Park on right). Exit Trail, bc E. Riverside Drive (ss). [Through traffic on left - x 102nd Ave NE]. INVILLE	28.7 29.0 29.1 29.3 29.5 30.1			
W www.cascade.org	14.3 14.5	LEFT onto SR-202 [N.E. 175th st] R/R Tracks/Heavy Traffic, Caution	30.1 31.9 33.2	RIGHT onto the Centennial Trail. Ride Single File on the trail. Voice when passing on left. 15 MPH speed limit. RESPECT other users!! x under U.S. 2 END OF MAP #1 Page 6		

Case MAP #2 LAKE STEVENS TO LAKE McMURRAY Local restaural Bluebird Cafe, nita, Rocket Al House. On Divided Station Food Stop - On Right (Sani-cans, water & food, Open 7:30 am - 11am)

(Sani-cans, water & food. Open 7:30 am - 11am)

LAKE STEVENS

- 38.0 x 20th ST N.E. (Lake Stevens on your left)
- 38.7 continue on trail under Hwy SR-92 Ride Single File on the trail!
- 39.8 x 127th Dr NE (stay on trail for 4 miles)
- 42.6 RIGHT on 84th St. NE (sl) [busy, Getchell RD].
- 42.7 LEFT on 99th Ave. N.E. (sl)
- 42.8 RIGHT 132nd St. N.E. (ss)
- 43.3 BL McElroy Rd. (132nd dead end).
- 47.5 highest point 1st day.
- 48.7 cs on McElroy Rd.
- 49.9 cs, bc Burn Rd.

ARLINGTON

- 50.6 x 207th St N.E. (4 way stop)
- 51.6 cs x Highline DR. (ss), bc S. Stillaguamish Ave.
- 52.1 x 1st St. E. (4-way ss)
- 52.3 LT 3rd St E (ss).
- 52.6 x N. French Ave (4-way ss)
- 52.7 x N. McLeod Ave (4-way ss)
- 52.8 RIGHT N. Olympic Ave. (sl).

Local restaurants on Olympic Ave: Arlington's Thai Cuisine, Bluebird Cafe, Inc., Brooster's, Petite Sweet Bakery, Playa Bonita, Rocket Alley Bar & Grill, The Local Scoop Cafe, The Steak House. On Division St.: Fountain Drive In, Mirkwood/Shire Cafe. On West Ave: Pizza Factory, Stilly Coffee, La Hacienda.

- 52.81 Restrooms at City Hall (3rd & Olympic Ave.). Sani-cans at Legion Park (4th & Olympic Ave.)
- 53.1 LT W. Division St. (4-way ss)
- 53.2 RIGHT Hwy. 9 (Hazel St.)

Use Caution on Hwy. 9, Heavy Traffic, No Shoulder.

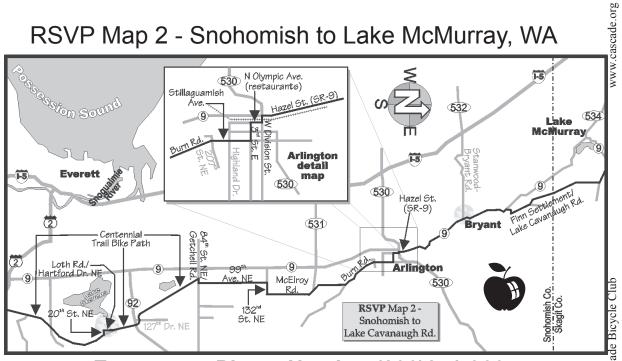
- 58.0 pass Bryant Store.
- 58.4 RIGHT on Finn Settlement /Lake Cavanaugh Rd.
- 63.7 LT Lake Cavanaugh RD.

Water only stop at this intersection - port-o-potties

67.3 RT Highway 9

END OF MAP 2.

RSVP Map 2 - Snohomish to Lake McMurray, WA



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MAP #3	IAKE	McMIIR	PAV TO	HOIMAD	RAV
SIVIAP #3	LANE	IVICIVIUR	RAI IU	SAIVIISH	DAI

68.7	view	of	Mt.	Baker	to	riaht.

- 70.9 pass Big Lake Grocery (100 ft. left).
- Cascade Bic 70.9 pass Big Lake 70.9 pass Big Lake Grocery on rig 73.3 BL Hwy. 538 (ss) as Hwy. 9 goes right (Big Rock Grocery on right).

- 74.0 bc College Way.
- 74.7 RIGHT Martin Rd. (sl).
- 75.3 LEFT Centennial Elementary School FOOD STOP/SOCIAL 10:00 am - 4:00 pm (Restrooms, Food, Bike Support)
- 75.35 LEFT back onto Martin Rd.
- 76.2 x N. Laventure Rd (4-way ss) (bc Hoag Rd.)
- 76.7 x R/R
- 77.0 BR up on ramp to Bridge. Begin Bike Lane across Bridge
- 77.1 x Skagit River Bridge, use caution, heavy traffic)
- 77.3 RIGHT Whitmarsh Rd.(sl) Curves Right [immediately after bridge at sl].
- 77.4 RIGHT West Whitmarsh Rd (ss)
- 78.4 BR on Pulver Rd.
- 78.6 LEFT Bennett Rd.
- 79.5 RIGHT Avon Street
- 79.7 RIGHT Avon-Allen Road
- 80.5 x HWY 20 (sl)
- 80.55 x Railroad tracks immediately after HWY 20

- 81.7 x Peterson Road (ss)
- 81.72 cs on Avon-Allen Road
- 82.8 x Josh Wilson Road
- 84.3 RIGHT Cook Road
- 84.7 LEFT Chuckanut Drive (ss) HWY 11)
- 85.5 RIGHT Ershig Rd.(immediately past mini bridge over Samish River).
- 86.8 LEFT Worline Rd.(before R/R tracks).
- 88.6 LEFT Bow Cemetery Rd. [immediately past cemetery, easy to miss].
- 89.0 LT Bow Hill Rd. (ss) [No street sign]
- 89.9 RIGHT Hwy.11 (ss) Cafe 11 sani-cans on left. Rhododendron Cafe on right.

BOW

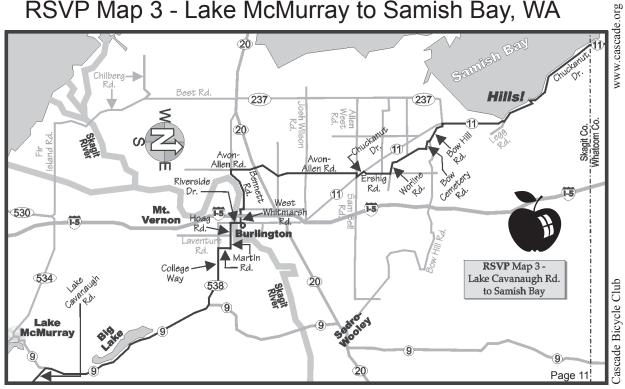
- 91.6 x Legg Rd., hills begin(Chuckanut Dr. Hwy.11).
- 92.1 pass Chuckanut Manor.
- 92.6 scenic pullout to left.
- 92.9 pass Oyster Creek Inn.[Caution, One Lane Road] (sl)
- 93.5 Taylor Shellfish Farm (hair pin turn)
- 97.5 pass Larrabee St. Park

(on left restrooms, camping, beaches).

100.7 END OF MAP 3.



RSVP Map 3 - Lake McMurray to Samish Bay, WA



CMAP #4 SAMISH BAY TO BORDER BELLINGHAM 101.5 BL as Lake Samish Rd. goes right. Chuckanut Bay gallery on left. 101.9 Favorite RSVP Lemonade Stand - top of hill 102.7 RIGHT on 12th (sl). 102.9 CS 12th St., x bridge (sl)

103.0 RIGHT Old Fairhaven Pkwy. (sl)

104.1 Left 30th St. (sl) (left-turn lane from Old Fairhaven Pkwy.)

104.3 RIGHT Donovan Ave (ss).

104.4 LEFT 32nd Ave (ss).

105.3 To get to WWU Dorms Baggage Drop turn LEFT on Ferry Ave (up hill). Then Left on Bill McDonald Pkwy, and right on S. College Dr. take the first right through the parking lot. Bag Drop will be in front of the dorm. On day two, return to the route by going down Bill McDonald Pkwy and taking a LEFT on Samish Way.

105.4 x Fielding St. (start Bike Lane) (ss)

105.6 RIGHT BIII McDonald Pkwy. (sl) Heavy Traffic.

105.8 LEFT Samish Way (sl) (get in far left lane)

105.9 DAYS INN on Left (Baggage Drop)

All RIDER BAGS NEED TO BE BROUGHT **BACK TO THE SAME LOCATION THAT** THEY WERE PICKED UP AT BY 7:30 AM SHARP!

(From DAYS INN)

- Head North on Samish Way
- 0.5 BL E. Maple St.
- 0.6 BR Ellis St.
- 0.9 BL on Holly Street
- RIGHT on Broadway (sl) 2.7
- Left on Elm St. (sl) 2.9
- 3.3 Curves Left, bc Northwest Ave. (follow under I-5 and BR still on Northwest Ave.)
- To get to the Best Western Hotel and Baggage Drop 4.3 turn RIGHT on McLeod Rd. then LEFT on Meridian St. to go under I-5. then RIGHT on Telegraph Rd. then Right on E. McLeod Rd. Total distance is 1 mile. Return to route the same direction.
- 5.2 x W. Bakerview (sl)
- 8.6 x W. Smith Rd.
- 9.6 x W. Axton Rd. (ss)
- 11.1 stay on Northwest Rd. Becomes Wiser Lake Rd.
- 12.4 x Pole Rd.
- 13.2 Right stay on Wiser Lake Rd.
- 14.0 LEFT stay on Wiser Lake Rd. turns left, right left.
- 15.9 x Guide Meridian RD Very Busy Turn Circle - stay straight on E. Wiser Lake Rd.
- 18.0 LEFT on Hannegan Rd. (ss)

Map 4 notes continued next page.

LYNDEN

Dutch Mother's (breakfast buffet and sidewalk cafe)

- 20.5 LEFT Front St. (sl) (Left turn lane).
- 20.7 Lynden's Dutch Mother's
- 21.3 RIGHT BC Ave.
- 21.4 x Grover Street (ss)
- 21.5 x Liberty Street
- 21.55 x Edson Street
- 21.6 LEFT Glenning (ss)
- 21.8 LEFT Main St. (ss),
- 22.2 RIGHT Double Ditch Rd.
- 23.6 x Hwy. 546 (ss) [50 mph].
- 26.2 LT E. Boundary Rd. [DO NOT CROSS DITCH TO CANADA].
- 26.3 pass border marker.
- 26.8 curves LEFT, curves RIGHT
- 26.85 RT Guide Meridian (ss).

CANADA

Border Crossing

26.9 Border (open 8:00 am - 12:00 midnight).

Get in line with cars unless instructed otherwise by Canadian Customs agent. Please follow their instructions. No orchard fruit (apples, pears, etc.). Bananas OK to take across border. Have Passport or Enhanced Driver's License ready.



RSVP Map 4 - Samish Bay to Canadian Border



Comparison of the control of the con	44.0 44.4 45.4 45.5 45.9 46.3 46.7 50.3 50.8 51.6	LEFT down gravel Driveway (just before stop light) to exit. Left on 88 Ave. x Glover Rd (ss). Right on Wright St. Left on 96th Ave. R/R Double Tracks at 40 degree angle - Caution: Walk Bikes Across Tracks Stay Right bc McKinnon Crescent. RIGHT on Allard Crescent LEFT still on Allard Crescen LEFT 208th St. RIGHT 102B Ave. LEFT on 201ST RIGHT up Spiral Ramp to Golden Ears Bridge
Ave. 42.0 LT River Rd. (ss). [WORST R/R TRACKS ON RSVP]. WALK BIKES ACROSS TRACKS. FORT LANGLEY 43.0 LEFT Mavis Ave. (ss) - Fort Langley Historic site on your left. 43.1 RIGHT Royal St. 43.2 LEFT Mary Ave. (Bike Route) 43.3 RIGHT bc Hudson Bay St. 43.4 Road goes RIGHT then LEFT 43.6 RIGHT 88 Ave. (Sellers Rd.) FOOD STOP OPEN from 9:00 am - 2:00 pm. at Lions Hall in Lower Parking Lot	Pitt N 53.2 53.6 53.9 54.5 56.1 57.0	Golden Ears Bridge - 1.2 mile crossing Meadows Take 113B Ave./Airport Way - first exit. LEFT around Round About onto Airport Way. X Bonson around Round About still on Airport Way. RIGHT on Harris Rd. x Lougheed Hwy 7 (sl) Caution - busy. LEFT Dewdney Trunk Rd. STAY RIGHT on Dewdney Trunk Rd. to access bike path to cross the Pitt River Bridge. Follow bike path on left up and over Pitt River Bridge. Page 14

SMAP #6 PITT MEADOWS TO VANCOUVER PORT COQUITLAM 60.3 RIGHT Coast Meridian Rd (sl)

- 60.3 RIGHT Coast Meridian Rd. (sl).
- 61.6 LEFT Lincoln Ave. (sl)
- 62.4 LT Shaughnessy St. (ss).
- 62.5 RIGHT at pedestrian crossing.(1 block from Shaughnessy St) -- EASY TO MISS
- 62.6 WALK BIKES x cement/steel FOOTBRIDGE.
- 62.7 BR Patricia Ave.
- 63.1 RIGHT Woodland Dr. (ss).
- 63.2 x 2 Sections of Jersey Barricades [continue straight and then exit on sidewalk cutout to pipeline road, traffic on left].
- 63.3 Cap's Bicycle Shop.

COQUITLAM

- 63.5 LEFT Glen Dr. (sl) [busy cross street].
- 63.7 x Pinetree Way. [sl]
- 64.7 RIGHT Landsdowne Dr. (sl).
- 64.8 LEFT Guildford Way (divided) (sl).
- 65.4 Move to left lane, cs (Ungless Way goes right).
- 65.8 x loco Rd., bc Guildford Dr.

PORT MOODY 66.0 [R/R]

- 66.3 curves LEFT, bc Murray St.
 - 66.4 curves RIGHT

©Rocky Point Park, Food Stop, 10:00 am - 3:00 pm(Restrooms, ္က water, bike support provided by Cap's South Shore Cycles.)

- 67.0 RIGHT to City Center (Moody St.), curves around train museum.
- 67.2 RIGHT Clark St. (sl) [Just AFTER bridge].
- 68.0 RIGHT Barnet Hwy. (Hwy. 7A) (sl).

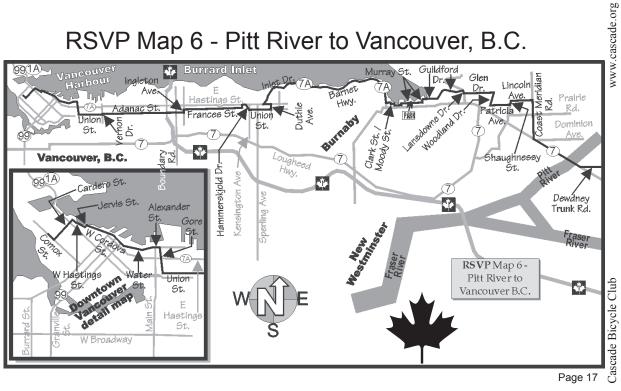
BURNABY

- 72.8 bc Inlet Dr.
- 73.7 LEFT Hastings St. (Gas station & Convenience store) (sl). Route signs with the Frances/Union bike route. [DO NOT turn at Sperling].
- 74.0 RIGHT Duthie Ave. (Frances/Union Bike route starts).
- 74.1 RIGHT Union St.
- 74.6 x Sperling Ave (to stop traffic hit rd. side button)
- x Kensington Ave. (ss). (to stop x traffic hit rd. side button). Burnaby No. Secondary school on
- 75.0 bc Hammerskjold
- 75.1 Trail begins as Hammerskjold ends.

Directions for Map 6 continued...



RSVP Map 6 - Pitt River to Vancouver, B.C.



www.cascade.org

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Directions for Map 6 Continued

- 75.3 BL on trail before crosswalk (sl) (trail then parallels Fel St.).
- 75.4 RIGHT off trail to Frances St. (city park straight) [watch for traffic on right-Fels St.].
- 75.6 x Holdom Ave. (ss).
- 75.9 x Springer Ave. (ss).
- 76.1 x Delta Ave. (4ss).
- 76.4 x Willingdon Ave. (to stop x traffic hit rd. side but-
- 77.1 x Gilmore Ave. (ss) (bikes only straight).
- 77.3 LEFT Ingleton Ave. (nice views of the city, eh!).
- 77.8 RIGHT Union St. (4ss).

VANCOUVER

CAUTION, DAN HENRY MARKS MAY NOT BE IN PLACE ON THE ROAD

- 77.9 x Boundary Rd. (hit rd. side button to stop traffic) [watch oncoming traffic].
- 77.92 bc Adanac St. (Adanac Bikeway begins).
- 78.4 x Renfrew St. [Busy Divided Rd.] (ss).
- 79.3 x Nanaimo St. (Trip stop light button on roadside stand) (sl).
- 79.5 CS Bicycles only (for one block between Templeton and Lakewood Drs.)
- 81.6 x Victoria Dr. (view of B.C. Place) (ss).

- 81.8 x Commercial Division (Bicycles only straight ahead) (ss) (sl).
- x Clark Dr. (Trip stop light button on roadside stand) (sl).
- 82.2 LT Vernon Drive (ss).
- 82.21 RIGHT Union St. (immediately).
- 82.3 [R/R]
- 82.6 x Hawks Ave. (bicycles only through park) (ss).
- 83.0 RIGHT Gore St. (Chinatown note Chinese on st. signs)
- 83.2 LEFT Alexander St.(ss)
- 83.3 x Main Street
- 83.4 x Columbia Street
- 83.5 RIGHT Water Street (ss) now in Gastown
- 83.6 x Abbott
- 83.7 x Cambie
- 84.0 RIGHT West Cordova
- 84.2 x Seymour (sl)
- 84.5 x Granville
- 84.7 x Howe
- 84.9 x Burrard (follows signs and stay on Cordova)
- 85.0 x Thurlow (sl)
- 85.2 x Butte (ss)
- 85.3 LEFT on Jervis



CONGRATULATIONS, YOU MADE IT Give yourself a pat on the back and NOW PARTY! RSVP Finish Line Party is from 1 - 6 pm.

Bike Corral is located in the hotel parking garage and is for all RSVP participants.

RSVP 1 - open Sat. 12 - 7 pm & Sun. 7:30 - 9:30 am

RSVP 2 - open Sun. 12 - 7 pm & Mon. 7:30 - 9:30 am

All bikes MUST be out of the Bike Corral by 9:30 am on Sun. and Mon. morning.

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85.4 RIGHT on West Hastings (sl)

85.6 x Nicola (bikes only for one block)

the bike path, cars have to turn)

85.7 LEFT Cardero St. [Westin Hotel in front of you]

86.1 x Haro St (At this point you will have to cross over

86.51 Finish Coast Plaza Hotel and Suites at Stanley

Park (1763 Comox St., Vancouver, B.C.)

85.5 x Broughton (ss)

85.9 x Alberni St. (sl) 86.0 x Robson St

86.2 x Barclay St 86.3 x Nelson St.

86.4 RIGHT Comox St 86.5 x Bidwell St

1-800-663-1144

85.8 x W. Georgia ST. (sl)

This number will be staffed and answered throughout the event. Please help us keep this line available for valid emergency calls by keeping calls short and to the point. If police or ambulance support is required, call 911 immediately.

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Cascade Bicycle Club





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Published by: Cascade Bicycle Club
Current Edition: July 2011; First Edition August 1983
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