



CITY OF BURNABY

Bicycle Hotline/Route Maintenance Requests (Engineering Department) 604-294-7440

Transportation Committee

c/o City Clerks Office 604-294-7290

Bicycle Planning (Planning Department) 604-294-7400

Parks Department 604-294-7450

Bike Routes and Urban Trails www.burnaby.ca/cycling

TRANSLINK

Bicycle Locker Rentals 604-924-1076

Customer Service 604-953-3040

Bus Information www.translink.ca 604-953-3333

Cycle route information www.travelsmart.ca translink.ca/getting-around/cycling

SAFETY/INSTRUCTION

B.C. Bicycle Operators Manual order copy 250-480-5155 or email at: bikesense@gvcc.bc.ca

Bike Smarts (A free ICBC resource for teaching safe cycling to children) 604-661-2800

CANBIKE Adult course teaching skills for cycling in traffic www.gonecycling.com

CYCLING CLUBS / ADVOCACY

Vancouver Bicycle Club www.vbc.bc.ca 604-733-3964

Cycling B.C. www.cyclingbc.net

HUB: Your Cycling Connection www.bikehub.ca 604-558-2002

Better Environmentally Sound Transportation 604-669-2860 or www.best.bc.ca

Bike Maps www.bikemaps.org

Please note: Other cities have bicycle maps. Consult blue pages in your telephone directory for more information or TransLinks's cycling maps for a regional overview.



Riding safely is an important part of enjoying your cycling experience.



BICYCLE HELMETS

An approved bicycle helmet can greatly reduce the risk of death or permanent injury in the event of an accident. Wearing a helmet is the law in BC.



ONE PERSON PER BIKE

Riding double is only permitted when carrying a child in an approved carrier or when riding on a tandem bicycle. Children must always wear a helmet.



STAY OFF SIDEWALKS

Riding on sidewalks is illegal and dangerous. Only ride on a sidewalk when permitted by signs.



OBEY TRAFFIC SIGNALS AND SIGNS

As a vehicle, bicycles must obey the rules of the road. Cyclists have the same rights & responsibilities as other traffic.



RIDE IN SINGLE FILE

Ride in single file when riding in a group except when passing.



USE HAND SIGNALS

Signal all turns and stops ahead of time, shoulder check, then make your intended move only when safe to do so.



LIGHTS FOR NIGHT TRAVEL

Being visible increases your safety as a cyclist.

All bicycles used at night must have a lamp in front and a red reflector and red lamp visible from behind. Using lights for night travel is the law in BC.



Why should you cycle? With more



ON TRANSIT

and more automobiles crowding the road system every year, cycling offers a safe, convenient and affordable mode of transportation. Cycling is a great alternative to getting into your single-occupant vehicle every morning, fighting your way through traffic, paying for gas, insurance, maintenance and car loans.

Imagine getting onto your relatively inexpensive bicycle, enjoying a leisurely ride, getting to know your community better, and getting some exercise and stress relief at the same time. Cycling is, after all, the most energy-efficient mode of transportation.

One of the goals of the City of Burnaby Transportation Plan is that "Safe and convenient cycling facilities be provided as an alternative to the use of private vehicles". Council has consistently supported the expansion of the cycling network. If the trip is too long, or the hills are too steep, why not use the bus for part of the trip? Bikes are permitted on SeaBus, West Coast Express and every bus route in Burnaby. Bikes are also allowed

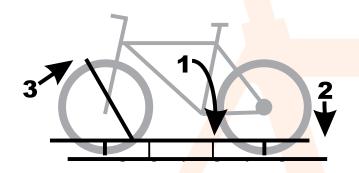
on SkyTrain, except at Metrotown Station, with some restrictions. Bike lockers are available at

HOW TO LOAD YOUR BIKE ON A BUS RACK

Each bus will accept two full-sized bikes. If you follow these steps you will be quickly and safely on board the bus with your bike mounted up front.

select SkyTrain and Westcoast Express stations.

- Tell the driver you want to load your bike
- Lower the bike rack by pulling on the release handle (1)
- Lift your bike onto the rack (2)
- Lift the support arm up and over the front tire - (3)
- Sit at the front of the bus so you can keep an eye on your bike.
- When it is time to get off the bus, tell the driver that you need to remove your bike before you get off the bus, then exit the front door of the bus.
- Unload your bike.
- Raise the rack to the upright position.



Please be careful in loading and unloading your bike as you are the one responsible for your bike and your own safety.

For more information, check TransLink's web site at www.translink.ca/bikesontransit or call them at 604-953-3333.

PLEASE NOTE

