

EMERALD BIKE RIDE 2017

Presented by
 KAISER PERMANENTE®

I-5 Experience
Turnaround

Start/Finish is
on Occidental
Ave South
next to Safeco
parking garage





Miles	Description
	Start/Finish on Occidental Ave S South of Safeco Field
0.2	L Turn left onto S Holgate St
0.4	L Turn left onto 4th Ave S
1.4	R Turn right onto S Washington St
1.41	L Turn left onto 5th Ave S (Bus Lane)
1.8	R Onto I-5 Express lanes northbound (Access ends at 8:10 am)
5.5	Turn around for I-5 Express Lanes Experience ride (11 miles)
5.5	R Get off I-5 express lanes exit #169 (NE 42nd St.)
5.6	S Merge onto NE 42nd St
5.61	R Turn right onto 7th Ave NE
5.7	R Slight right onto NE 40th St
5.8	L Turn left onto 6th Ave NE
5.81	L Turn left onto NE Northlake Way
6.0	Recycled Cycles Repair Station on right
6.0	S Continue onto NE Pacific St
6.8	R Turn right onto Montlake Blvd NE
6.9	S Cross Montlake Bridge in right lane (carpeted). If you need to walk over the bridge use the sidewalk
7.1	R Get on SR520 eastbound (Access ends at 9 am)

Miles	Description
10.9	R Get off SR520 - 84th Ave NE exit
10.92	R Onto 84th Ave NE
11.9	R Turn right onto 82nd Ave NE
12.2	S Continue onto NE 8th St
12.3	L Turn left onto 81st Ave NE
12.3	R Clif Bar Energy Stop at Medina Elementary School open 6:45 am to 10 am
12.4	L Turn left onto Overlake Dr W
13.5	R Slight right onto Lake Washington Blvd NE
14.3	S Continue onto Main St
14.6	R Turn right onto Bellevue Way SE, stay in right lane
16.4	S Riders get in LEFT lane
16.6	S Get On I-90 Express lanes (Access ends at 10:20 am)
24.0	L Get off I-90 Express Lanes
24.1	L Turn left onto Seattle Blvd S
24.2	L Turn left onto 4th Ave S
24.9	R Turn right onto S. Holgate St
25.1	R Turn right onto Occidental Ave S
25.2	S Finish on Occidental Ave S

Route Cut-Off Times

Start (25 mile route)
6 am to 7:45 am

Start
(11 mile I-5 Experience route)
7:45 am to 8 am

Access to I-5 Express lanes
6:10 am to 8:10 am

Access to SR520 Bridge
6:20 am to 9 am

Medina Elem. Food Stop
6:45 am to 10 am

Access to I-90 Express lanes
7 am to 10:20 am

Finish line
8 am to 12 noon

Pyramid Alehouse Party
9 am to 2 noon

THANKS TO OUR SPONSORS



The city streets the Emerald Ride uses are NOT closed to vehicle traffic. Police will be controlling traffic and riders may be stopped. This is not a RACE, be safe and enjoy the view.

L = Left S = Straight R = Right